Coplien, Kim

My score was 49 in growth mindset.

I think this quiz was great combined with the Last Lecture viewing. It’s been an excellent reminder of how we can either dwell in the negative or float in the positive. I can at times get bogged down in the poor me’s or sucked into the complaining of things but naturally I do have a growth mindset for sure. I can get very stubborn sometimes when I’m told “you can’t” or “we can’t” but I or we haven’t even tried yet.

This exercise has been a great reminder for me to continue to look inward and try to catch quickly the times I’m not staying focused in a growth mindset. I’m going to make an effort to stay present and aware, doing my best to stay in the “I can do this” mindset and be excited about what I’m learning along the way, even through my mistakes.